

**3/9/18 – COLORADO FEDERAL EXECUTIVE BOARD (CFEB)  
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE**  
<http://www.colorado.feb.gov/>

***DON'T FORGET TO SET CLOCKS FORWARD MARCH 11 at 2:00 am***

## **CFEB EMPLOYEE RECOGNITION OPPORTUNITIES**

***Nominations are open for one more week until March 16, 2018 at 5:00 pm***

### **ROCKY MOUNTAIN EAGLE AWARDS**

<https://colorado.feb.gov/programs/awards/rocky-mountain-eagle/>

PERFORMANCE PERIOD | Awards recognize on the job performance from January 1 – December 31, 2017

**NOMINATION PERIOD | February 7 – March 16, 2018** | Deadline is 5:00 pm MT

### **UNITED WE SERVE AWARDS**

<https://colorado.feb.gov/programs/awards/united-we-serve/>

Recognizing exemplary volunteer and community service by government employees in Colorado

PERFORMANCE PERIOD | Awards recognize volunteer service from January 1 – December 31, 2017

**NOMINATION PERIOD | February 7 – March 16, 2018** | Deadline is 5:00 pm MT

### **2018 CFEB PUBLIC SERVICE RECOGNITION WEEK AWARDS CEREMONY**

May 9, 2018 | 1:00 – 3:00 pm | Aurora Municipal Center, Aurora CO

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## **OPM**

### **Federal Executive Boards**

<https://federalbenefitsonline.com/blog/blog/what-do-federal-executive-boards-do>

### **Memorandum - National Prescription Drug Take-Back Day on Saturday April 28, 2018**

<https://www.chcoc.gov/content/national-prescription-drug-take-back-day-saturday-april-28-2018>

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## **UPCOMING CFEB SPONSORED BREAKFAST SERIES CLASSES**

For more information contact the CFEB at 303 202 4588 or [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

### **10 Items to Take Care of When Planning Retirement**

March 15, 2018 | 8:00 – 9:00 am | Denver Federal Center, CFEB Training Room, Bldg. 25, Denver, CO | Free | Class is full, email [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov) to be placed on the wait list.

**INSTRUCTOR** | Sharla Rountree, Federal Retirement Benefits

### **Spousal Benefits - FEGLI - Long Term Care - Living Benefits**

March 23, 2018 | 8:00 – 9:00 am | Denver Federal Center, CFEB Training Room, Bldg. 25, Denver, CO | Free | Online registration required: <https://colorado.feb.gov/register/?ee=444>

**INSTRUCTOR** | Stephen Crawford, Federal Benefits Specialist

### **Phased-in Retirement & Proposed Changes to Federal Benefits in the 2019 Budget**

March 27, 2018 | 8:00 – 9:00 am | | Denver Federal Center, CFEB Training Room, Bldg. 25, Denver, CO | Free | Online registration required: <https://colorado.feb.gov/register/?ee=432>

**INSTRUCTOR** | Ann Vanderslice, Retirement Planning Strategies

### **Spousal Benefits - FEGLI - Long Term Care - Living Benefits**

April 5, 2018 | 8:00 – 9:00 am | Denver Federal Center, CFEB Training Room, Bldg. 25, Denver, CO | Free | Online registration required: <https://colorado.feb.gov/register/?ee=445>

**INSTRUCTOR** | Stephen Crawford, Federal Benefits Specialist

### **Women & Money**

April 12, 2018 | 8:00 – 9:00 am | | Denver Federal Center, CFEB Training Room, Bldg. 25, Denver, CO | Free | Online registration required: <https://colorado.feb.gov/register/?ee=442>

**INSTRUCTOR** | Ann Vanderslice, Retirement Planning Strategies

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## **MARCH**

### **PEACE CORPS ONLINE INFO SESSION**

#### **Serve Where You're Needed Most**

March 12, 2018 | 6:00 – 7:00 pm MT

Register Online: <https://www.peacecorps.gov/events/info-session-serve-where-youre-needed-most-2018312/>

Serving in the Peace Corps is a great way to immerse yourself in a new culture, learn a new language, and have the experience of a lifetime. Join us at this online information session to learn about some of our featured openings and how to qualify. Learn about Volunteer experiences, ask questions about service, and gain tips to guide you through the application process.

### **Agriculture Programs**

March 25, 2018 | 12:00 – 1:00 pm MT

Online | Register at <https://www.peacecorps.gov/events/info-session-agriculture-programs-2018325/>

Apply your agriculture know-how overseas to help feed our world. The Peace Corps needs agriculture specialists to address global food security, conservation concerns and climate change issues at grassroots levels. Help improve a community's livelihood and develop sustainable solutions while gaining global skills.

CONTACT Karyn Sweeney | 480 265 6461 | [ksweeney@peacecorps.gov](mailto:ksweeney@peacecorps.gov)  
[www.peacecorps.gov/events](http://www.peacecorps.gov/events)

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### 2018 HEALTH BENEFITS SERVICE DAY

March 13, 2018 | 9:00 - 10:00 am | Denver Federal Center, Bldg. 67, Rm 180A (1st floor by Cafe) | CONTACT | Jane Fluekiger | 303 831 2512 | [jane.fluekiger@anthem.com](mailto:jane.fluekiger@anthem.com)

Health benefit carrier representatives will be attending (Blue Cross & Blue Shield, Aetna, Kaiser, & GEHA)

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### TSA FAST TRACK TO HIRE EVENT

March 15 - 17, 2018 | 7:30 am; 9:00 am; 12:30 pm; & 3:00 pm | Denver International Airport (DEN), Crowne Plaza Denver, Airport Convention Center, 15500 E. 40th Ave, Denver, CO | Bring 2 forms of ID | Questions | 877 872 7990

What is the “Fast Track to Hire” event:

- ✚ TSA Denver (DEN) is now hiring both full-time & part-time Transportation Security Officers (TSOs) starting at \$17.85/hour
- ✚ This event will provide you an opportunity to accelerate the TSO hiring process
- ✚ No experience is required
- ✚ If you successfully complete the candidate evaluation process and are selected for a TSO position, you will play a vital role in supporting the TSA and Department of Homeland Security (DHS) mission

To apply to a full-time DEN job opportunity announcement, please go to:

<https://www.usajobs.gov/GetJob/ViewDetails/476576500>

To apply to a part-time DEN job opportunity announcement, please go to:

<https://www.usajobs.gov/GetJob/ViewDetails/404038500>

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### **2018 FEMALE VETERAN WORKSHOP**





March 24, 2018 | 9:00 am - 12:00 pm | Victor Candlin Post 18, 809 30th Ave, Greeley, CO |  
RSVP: Deb Davis | 720 771 0344 | [helen.k.osmundson206@gmail.com](mailto:helen.k.osmundson206@gmail.com)

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### **CFEB FERS RETIREMENT CLASS**

March 28, 2018 | 8:30 am - 4:00 pm | CFEB Training Room, Denver Federal Center, Denver, CO  
| Cost: \$130 | Online Registration: <https://colorado.feb.gov/register/?ee=421>

For federal employees in the newer of the two federal systems, this class teaches you how to get the most out of your federal benefits. Topics include:

-  How to calculate your pension
-  How to maximize your sick, annual leave, & survivor benefits
-  All insurance benefits
-  Everything you need to know about the Thrift Savings Plan

**INSTRUCTOR** | Ann Vanderslice

**CONTACT** Jeff Conn | 303 202 4588 | [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

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### **APRIL AND BEYOND**

#### **CIVIL DISTURBANCE TABLE TOP TRAINING EXERCISE**

April 4, 2018 | 8:30 am – 12:00 pm | Denver Federal Center, CFEB Training Room, Bldg. 25  
Online Registration: <https://colorado.feb.gov/register/?ee=433>

This table top training exercise uses the FEMA Emergency Management Institute (EMI) exercise templates and situation manuals as a means to replicate a simulated incident/scenario where attendees discuss and agree upon actions that need to be taken. This is a great opportunity for agency continuity planners to test and build their plans.

**FACILITATOR** | LTC (USAR) Brett Williams, NORAD NORTHCOM J9

**CONTACT** | Jeff Conn | 303 202 4588 | [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

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### **CFEB CSRS RETIREMENT CLASS**

April 11, 2018 | 8:30 am - 4:00 pm | CFEB Training Room, Denver Federal Center, Denver, CO |  
Cost: \$130 | Online Registration: <https://colorado.feb.gov/register/?ee=422>

With the most complex set of government benefits including sick leave, annual leave, health insurance, life insurance, long-term care insurance and a complicated set of rules for calculating retirement benefits, the CSRS employee can wind up feeling overwhelmed and paralyzed. This class will teach participants how to maximize their CSRS benefits to retire successfully.

**INSTRUCTOR** | Ann Vanderslice

**CONTACT** Jeff Conn | 303 202 4588 | [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

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### **DENVER FEDERAL CENTER BLOOD DRIVES**

April 12, 2018 | 8:00 am – 1:30 pm | Denver Federal Center | Bldg. 67 | Hungry Horse Room | Visitor Level next to the Café

Take a break to donate. Donate before you go on Spring Break and help save lives.





**CONTACT** Bonfils Blood Center | 303 363 2300 | Lori Freeksen at [lori\\_freerksen@bonfils.org](mailto:lori_freerksen@bonfils.org)  
Bonfils.org and use site code 2015

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### **MEANINGology - Leading With and Into Meaning**

April 16, 2018 | 9:00 am – 5:00 pm | DFC Bldg. 25 Lecture Hall, Denver, CO | Cost: \$200.00 per student | Online registration required: <https://colorado.feb.gov/register/?ee=443>

This foundations workshop, will introduce participants to:

-  The basic MEANINGology® concepts, which will help them clarify and act from their own "Core of Meaning"
-  The behavioral science behind the study of meaning,
-  A unique philosophy and formula for meaning, and
-  Practical tools and techniques to help them craft a new "Meaning Mindset" and, specifically, to use to create a habit of Meaning in their everyday work, following the workshop.

The goal is for participants to feel more aware, inspired, engaged, resilient, healthy, and eager to reach their full potential in both their personal life and work

**INSTRUCTORS** | The Global Meaning Institute & Ann Vanderslice

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## **PARENT CAMP: Informed Families Thrive - Preventing the Summer Slide**

April 23, 2018 | 8:30 am - 1:40 pm | US Department of Education, Lyndon B Johnson Bldg., 400 Maryland Ave SW, Washington, DC | Free



Parents, students, educators, and faith-based and community representatives are invited to talk and share experiences, concerns, and solutions in order to make informed decisions about their children's education in a series of workshop sessions facilitated by ED staff and invited guests. The sessions shall focus on resources, information, and tips parents and families can utilize to prevent summer slide with such topics as Use of Technology, Library Programs, Resources and Tips for Parents, and other topics focused on preventing summer slide.

For more information and to register, visit <http://www.ed.gov/family-and-community-engagement>  
<http://www.parentcamp.org/find-a-parentcamp/parentcamp-dc-apr-23-2018/>

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## **FEDERAL DRUG TAKE-BACK DAY**

April 25, 10:00 am – 2:00 pm (Both Locations)

-  Denver Federal Center: Corner of 7th and Main (where the old gas station used to be)
-  Byron Rogers Federal Building, main lobby, 1961 Stout St, Denver CO

Drop off unwanted, unused, or expired prescription and over-the-counter medications for safe and anonymous disposal. These items can be in original containers or baggies. Unacceptable items include intravenous solution, injectable's, needles and sharps, oxygen containers, mercury, chemotherapy/ radioactive substances, pressurized canisters, or illicit drugs.

CONTACT Laurie Konsella | [Laurie.konsella@hhs.gov](mailto:Laurie.konsella@hhs.gov) | DEA Diversion website:  
[https://www.deadiversion.usdoj.gov/drug\\_disposal/takeback/index.html](https://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html)

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## **CFEB HALF DAY RETIREMENT CLASSES**

**Understanding the In's and Out's of your FERS benefits & Social Security 101!**

April 25, 2018 | **8 am - 12 pm** | Register: <https://colorado.feb.gov/register/?ee=440>

April 25, 2018 | **1 – 5 pm** | Register: <https://colorado.feb.gov/register/?ee=441>

CFEB Training Room | Denver Federal Center | Lakewood CO | Cost: \$65 per class

-  How are benefits computed including shortcuts?
-  Types of retirement eligibility and the consequences>

- ✚ When is the appropriate time to retire, and what are the downsides to different ages and dates>
- ✚ What are the considerations for retirement eligibility?
- ✚ What about COLA's?
- ✚ What do most people do with survivor benefit choices? Is it different while I'm working versus at retirement?
- ✚ Do you understand the benefits of the flexible spending account?
- ✚ Breaking down the Social Security barriers – eligibility, dual entitlement, timing of taking benefits and more

**INSTRUCTORS** | Federal Retirements Benefits

**CONTACT** Jeff Conn | 303 202 4588 | [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

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## **DEFENSE & VETERANS BRAIN INJURY CENTER (DVBIC) WEBINARS**

**May 10 | July 12 | September 13 | November 18**

**CONTACT** Robin Wininger | 719 526 8636 | [robin.r.wininger.ctr@mail.mil](mailto:robin.r.wininger.ctr@mail.mil)

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## **FEDERAL CUP 5K WALK, RUN & KIDS FUN RUN**

May 19, 2018 | 8:15 am | Denver Federal Center, Bicentennial Park | Cost: \$16.00 plus \$1.96 online registration fee | Come out, have fun & enjoy an early morning walk or run!!

Register: <http://www.runningguru.com/E1.asp?eID=37275>

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## **SAIGE ANNUAL NATIONAL TRAINING PROGRAM**

June 11-14, 2018 | Oneida Nation Radisson Hotel & Conference Center, Green Bay, WI | Cost: Cost: \$625 until 4/25; then \$700 until 5/25; \$750 onsite | Website: <https://www.saige.org>

"Sovereignty, Trust and Resilience" - Society of American Indian Government Employees (SAIGE) Annual National Training Program:

- ✚ Nationally known plenary speakers
- ✚ Training in Indian Law & Policy, Professional Development, EEO & HR, Indigenous Natural Resources & Cultural issues
- ✚ Youth Leadership Training for College Students
- ✚ Warriors/Veterans Track
- ✚ Culturally relevant evening events






**CONTACT:** Lori Windle | 303 293 5082 | [lwindle@saige.org](mailto:lwindle@saige.org)

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## HEALTH, SAFETY & SECURITY DAY

June 28, 2018 | 11:00 am - 1:00 pm | Denver Federal Center, Bicentennial Park | More information is forthcoming!!

Exhibits & Vendors:

-  Health & Wellness
-  Emergency Management
-  Safety & Security
-  Car Show
-  Farmer's Market

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## 2018 EEOC EXCEL CONFERENCE

July 10-12, 2018 | Washington Hilton | 1919 Connecticut Avenue N.W. | Washington D.C. | Cost: \$1500.00

<https://eeotraining.eeoc.gov/profile/web/index.cfm?PKwebID=0x2547d970&varPage=location>

Learn the latest EEO developments from the EEOC experts who enforce EEO laws and hear from other federal high ranking officials about their agencies' priorities and regulatory agenda. EXCEL satisfies annual federal agency EEO Counselor and Investigator Refresher requirements.

**CONTACT** | Patricia McMahon | 303 866-1344 | [patricia.mcmahon@eeoc.gov](mailto:patricia.mcmahon@eeoc.gov)

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## ONGOING ANNOUNCEMENTS

### TSA VOLUNTEER OPPORTUNITY

The Transportation Security Administration's (TSA) National Explosives Detection Canine Team Program (NEDCTP) exists to detect and deter the introduction of explosives into the transportation system. Explosives Detection Canines (EDCs) are a proven reliable resource to detect explosives, and are a key component of TSA's layered security system.

TSA is seeking individuals that would like to volunteer their time to serve as decoy travelers (hereafter decoys) that would be willing to have limited amounts of a training aid either placed on the individual or in their carryon luggage (provided by TSA), and walk through the airport environment as controlled role player to assist in training reinforcement.



This opportunity is for you to assist a NEDCTP EDC Team with a needed resource for their critical training at the Denver International Airport. Further details will follow if you are interested in assisting our program. Minimal requirements are as follows:

- ✚ Decoys must not have any issues that would prohibit them working in close proximity to canines. Individuals will perform the decoy role in an airport environment acting as a traveler. The decoy must not object to being searched by TSA canine; have no fear of being near canines; have no allergies to canines.
- ✚ The decoy must not have health issues that would prevent them walking, standing and/or sitting.
- ✚ Decoys are not permitted to smoke at any time during the exercise or stand closer than fifty (50) feet from a person who is smoking.
- ✚ Decoys must be able to read, write and speak English.
- ✚ Decoys must be either state, federal or municipal employees **OR**
- ✚ Active or retired military.

Decoys will be expected to sign a Non-Disclosure Agreement. A safety briefing will be conducted on the day of the exercise. The decoy will be required to sign a safety briefing consent form. Training aids will remain under the control of a TSA representative. Training is conducted at the Denver International Airport (DIA). If you agree to volunteer to assist our program you will be expected to drive to DIA. There will be no parking fee during the period you are assisting our program. If you are traveling through DIA then alternate arrangements can be made for you to assist. We are continuously holding ongoing training sessions with varied times on every day of the week. If interested, please reach out to our Program Assistant directly at 303-348-7559 or email [DEN\\_K9@tsa.dhs.gov](mailto:DEN_K9@tsa.dhs.gov)

## **UNITED SERVICE ORGANIZATIONS (USO) PATHFINDER PROGRAM (TRANSITIONS SERVICES)**

M-F | 8:00 am – 4:00 pm | Fort Carson | 1638 Elwell St, Bldg. 6236 Rm 127 | CO Springs, CO  
CONTACT | Ron Kriete | 719 338 9322 | [rkriete@uso.org](mailto:rkriete@uso.org) | [www.USO.org/pathfinder](http://www.USO.org/pathfinder)

Support from the USO doesn't end when you leave the military. USO Pathfinder extends the USO experience to you and your family as you transition from military service and settle into your new civilian community.

## **TRAINING @ DOI UNIVERSITY**

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood>

Denver Federal Center | Bldg. 53, Denver, CO

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

CONTACT Pam Stovall | 303 236 0061 | [Pamela\\_Stovall@ios.doi.gov](mailto:Pamela_Stovall@ios.doi.gov)

## USGS TRAINING

USGS offers Instructor led, On-line, Virtual and User-Defined classes. Click on the link for a list of scheduled classes | <https://www2.usgs.gov/humancapital/doilearn/>

**CONTACT** Nancy Gregory | 303 445 4668 | [ngregory@usgs.gov](mailto:ngregory@usgs.gov)

## DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

<http://www.denvergov.org/oem> | [DenverCERT@denvergov.org](mailto:DenverCERT@denvergov.org) | 303 725 3084

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## TOASTMASTERS CLUBS

### Arrowhead Toastmasters Club

Tuesday's | 12:00 - 1:00 pm | National Park Service | 12795 W Alameda Pkwy | Lakewood CO  
(open to the public, but ID required at security check-point) | Rick Barrett | 303 969 2606 |  
[rick\\_barrett@nps.gov](mailto:rick_barrett@nps.gov) | <http://4435.toastmastersclubs.org/directions.html>

### Commerce Communicators

1st & 3d Thursdays of the month | 1 - 2 pm | Boulder Labs campus  
**CONTACT** | Amanda Koepke | 303 497 4047 | [amanda.koepke@nist.gov](mailto:amanda.koepke@nist.gov)

### Denver Federal Center Dam Good Speakers Club

Tuesdays | 11:30 am - 12:30 pm | DFC Building 67, Denver CO | Open to federal employees  
[vpm-3028571@toastmastersclubs.org](mailto:vpm-3028571@toastmastersclubs.org) | <http://damgoodspeakers.toastmastersclubs.org/>

### Golden SpeakeEZ club – On the NREL campus

Thursdays 12:00 – 1:00 pm | Meet at reception | Open to federal employees  
**CONTACT** | [carrie.noonan@ee.doe.gov](mailto:carrie.noonan@ee.doe.gov) | 720 356 1644

### Interior Business Center ASC Speakeasy Club

Wednesdays | 11:30 am - 12:30 pm | Meet at the Building 7301 Security Desk by 11:15 am |  
Open to all | **CONTACT** | Mike Novick | 303 969 5013 | [mikeal\\_novick@ibc.doi.gov](mailto:mikeal_novick@ibc.doi.gov)  
<http://ascspeakeasy.toastmastersclubs.org/>

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## VAN & CARPOOL

### AURORA OLYMPIC PARK TO INTERIOR BUSINESS CENTER

7301 W Mansfield | Denver CO 80235

ROUTE | Strasburg – Yale& Chambers – I225 – I25 – Hampden - Wadsworth Blvd

DUTY HOURS | Mon – Fri | 6:30 am – 3:45 pm

CONTACT | Jacque Ganger | [jacqueline\\_a\\_ganger@ibc.doi.gov](mailto:jacqueline_a_ganger@ibc.doi.gov) | 303-969-6606

**LOOKING FOR ADDITIONAL VANPOOL WESTMINSTER TO LAKEWOOD**

92<sup>nd</sup> and Sheridan Park & Ride TO Denver Federal Center and WAPA  
Need 2 drivers/riders | DUTY HOURS | Mon – Fri | 6:30 am – 4:00 pm  
CONTACT | Angela Sigala | [sigala@wapa.gov](mailto:sigala@wapa.gov) | 720.962.7081

**FORMING NEW VANPOOL CASTLE ROCK TO DENVER FEDERAL CENTER**

Meadows Pkwy & I25 to Denver Federal Center  
Need 3 drivers/riders | DUTY HOURS | Mon – Fri | 6:30 am – 3 pm  
CONTACT | William Benzel | [wbenzel@usgs.gov](mailto:wbenzel@usgs.gov) | 303 236 2444

**FORMING NEW VANPOOL MONUMENT TO DENVER FEDERAL CENTER**

HWY 105 Park & Ride TO Denver Federal Center  
Need five drivers/riders | DUTY HOURS | Mon – Thu | 6:00 am – 4:30 pm  
CONTACT | David Gwisdalla | [gwisdalla.david@epa.gov](mailto:gwisdalla.david@epa.gov) | 303.462.9307

Vanpools needing riders are listed on the CFEB web site  
<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to  
[jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

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## **HEALTH DOES MATTER**

**Veterans Free Monthly Non-Narcotic Care Clinics**

Held monthly | 9:00 am - 1:00 pm | Various Locations: [www.healingwarriorsprogram.org](http://www.healingwarriorsprogram.org)

**Denver Clinic** | 2d Saturday of the Month | VFW Post 1, 841 Santa Fe Dr. Denver, CO

**Longmont Clinic** | 3d Saturday of the Month | Nat'l Guard Armory, 1512 N. Main St, Longmont, CO

**CO Springs Clinic** | 4th Saturday of the Month | American Legion Post 209, 3613 Jeannine Dr, CO Springs

Clinics designed to help those that have served our country. Please bring proof of military service, i.e. DD214 or military ID. Open to all service members and the spouse/partner/parent.

**Healing Horses for the Armed Forces**

CONTACT | Suzy MacKenzie | 303 596 2784 | [eaglesnestranch501@gmail.com](mailto:eaglesnestranch501@gmail.com)

Active duty and Veteran service members, as well as their family members are invited to come to the Eagles Nest Ranch and spend time with a horse free of charge.

## **Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER**

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | [kiel.hovland@gsa.gov](mailto:kiel.hovland@gsa.gov)

**Tuesday's** | 5:00 – 6:00 pm | Yoga for beginners and intermediates

**Thursday's** | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | [dotys1@yahoo.com](mailto:dotys1@yahoo.com)

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

## **FEHB VIRTUAL SERVICE**

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | [kp.org/feds](http://kp.org/feds)

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | [www.kpfedtalk.org](http://www.kpfedtalk.org) | kpfedtalk1 | Follow prompts for audio

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## **JOB ANNOUNCEMENTS**

<https://www.usajobs.gov/>

Helpful hiring tips from USAjobs.gov - [https://help.usajobs.gov/index.php/Main\\_Page](https://help.usajobs.gov/index.php/Main_Page)

Links to information on building your resume, etc. -

<http://www.fs.usda.gov/main/r3/jobs/outreach>

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## **CFEB EMAIL ANNOUNCEMENTS**

To submit information to be included in the announcements, please email it by Wednesday of each week to [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov) in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

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*Have a safe and wonderful Weekend.*

V/r

Fred Eidson | Executive Director | [feidson@colorado.feb.gov](mailto:feidson@colorado.feb.gov)

Jeff Conn | Deputy Director | [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov)

Colorado Federal Executive Board (CFEB) | 303 202 4588 | <http://colorado.feb.gov/index.php>

***Working for the greater good by creating partnerships for intergovernmental communication & collaboration!***

Please email [jconn@colorado.feb.gov](mailto:jconn@colorado.feb.gov) to subscribe or unsubscribe from CFEB email